

Cost-Effectiveness of Point of Use Water Filtration for Waterborne Infections

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Abstract

Background

Numerous articles have highlighted the role of waterborne nosocomial/Health-Care Associated Infections (HAIs) in terms of morbidity and mortality among immuno-compromised patients and the efficacy of Point of Use Filters (PoUF) for their control. Since their first large-scale use in Europe (France) for controlling the Legionellosis outbreak in the Georges Pompidou hospital in Paris (winter 2000/2001) with the necessity to replace each filter twice a week, progresses have been made for extending the life period to 31 days. To address this issue, a self-cleaning mechanism has been developed which introduces turbulent flow during filtration to keep particulates from becoming fully trapped on the membrane.

Significance

This allows longer extended use as confirmed through Heterotrophic Plate Count (HPC) evaluations as described in this article. The reduction of *Legionella* using 62-days filters were observed up to 3 and 4 months after installation. This success reflects an important cost factor reduction linked to the method of water-borne infection control.

Main Article

Introduction

Since the first paper by Anaissie et al. (2002), many experimental studies and outbreaks investigations around the world have shown that immunocompromised patients may suffer of waterborne HAIs especially in ICUs. These infections are linked to a large variety of microorganisms including *Legionella*, Gram negative bacteria, *Aspergillus*, et (Exner et al, 2005) The largest part of microorganisms present in water pipes lives within the biofilm extremely difficult to eradicate since established, including protozoa which are very resistant to disinfectants, including e.g. *Acanthamoeba* and *Vermamoeba* (Fouque et al, 2015). Thus, one easy way to control their presence in the water is to use disposable water filters at the tap, called point of use filters (PoUF) . This was first developed in France during the famous Legionellosis outbreak in the European Hospital Georges Pompidou in Paris in 2000 (Weber, 2001) . At this period, the filters using membranes rated at 0.2 micron were used for 2 or 3 days according to Hartemann and Hautemaniere (2011). The cost of their use was elevated and too high for permanent use, but required during a crisis.

Since this first episode, the period of use has been extended until 31 days but due to the possible presence of organic matter in the water circulating in more or less corroded pipes, clogging could occur on the filter membrane (Sheffer et al- 2005). Thus, the limitation to this extended life time lies with their ability to handle large volumes of water without a significant reduction in flow due to clogging before replacement becomes necessary.

To address this issue, Aqua-Tools has developed a new technology for water filtration, trade marked as the Bubl'Air Wash™ technology that limits the clogging on the surface of the filter. Prevention of the clogging on the filtrating surface of hollow-tubular filtration membranes by a self-cleaning mechanism through turbulent flow in the carter during filtration. This technology could allow a limitation of the clogging on the filters, as a consequence these filters are hoped to have a longer life use with a good flow and reliable bacteriological results at the outlet.

Material / Methods

Filters

In this experiment, FILT'RAY^{2G} Point-of-Use filters using sterilizing-grade tubular membranes with a fixed 0.1 μm pore size ensuring high performance filtration and the so called Bubl'Air Wash™ technology allowing inside the carter a self-cleaning mechanism linked to a turbulent flow. The 31 & 62 days and 3 & 4 months PoUFs are intended for rinsing medical devices (bacteriologically controlled water) and serve for the personal hygiene of the patients as well as washing surgeon's hand. They are tools for environmental management and are used to protect patients and/or residents against waterborne microorganisms (Figure 1).

Laboratory-based microbiological challenges were performed according to the American Standard Test Method (ATSM) F838.

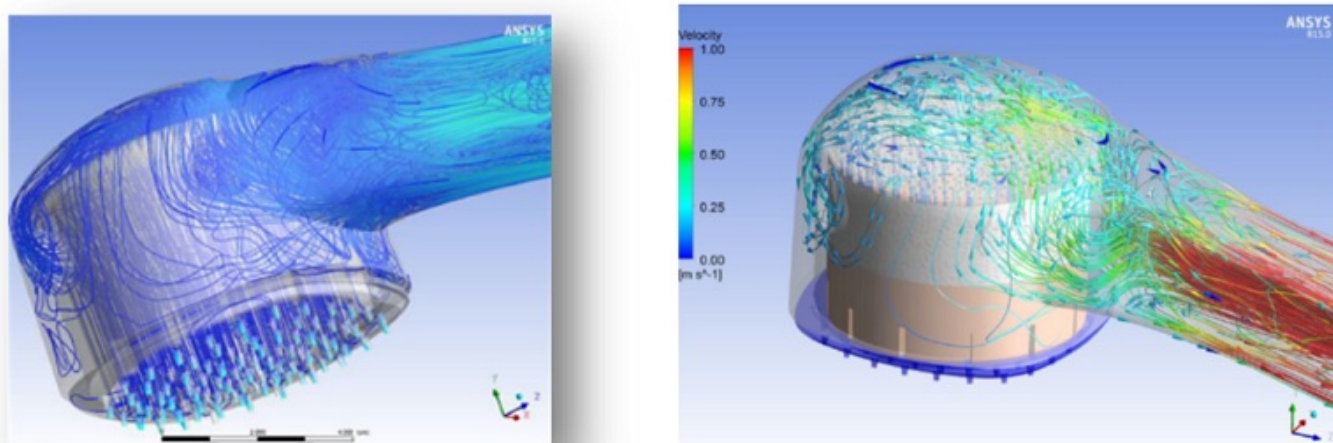


FIGURE 1: FILT'RAY 2G Disposable Water Filters, BuBI'Air Wash™

Two fields evaluations of a new extended life of duration that includes the Bubl'Air Wash™ technology have been performed in the US and in France by two independent research teams. Experiment 1 was performed on 62 day filters has been performed by the Special Pathogens Laboratory USA on shower and faucet filters for 12 weeks (84 days) in real use conditions to evaluate the efficacy for removal of Legionella and Heterotrophic Plate Count (Stout et al 2017). 500 mL hot water samples were collected from each outlet weekly. Phase 1 baseline samples were collected prior to filters placements (120 faucets samples, 10 faucets over 12 weeks) and 120 shower samples (10 showers outlets over

12 weeks) and the same protocol has been followed after filter placement (Phase 2). Total Heterotrophic Plate Count (HPC) and Legionella were monitored in the laboratory according to the standard methods (Baron et al-2014). For statistical tests, variance analysis and Student t tests were used for comparing the results.

Experiment 2 utilized 3 and 4 months filters in a health care facility by the Infection Prevention & Control Department of Hospices Civils de Lyon, France. Twelve shower filters were installed in the cardiology department and the Legionella retention was measured along this period in comparison with 12 control showers, during 12 weeks (6 showers) and 16 weeks (6 other showers). 500 mL hot water samples, control and initial value before filter placement and at the end of the test period (12 & 16 weeks respectively) were analyzed for Legionella enumeration according to the french standard AFNOR NF T90-431 and the results treated with the aid of the same statistical tests (Cassier & al-2017).

Results

In the first assay preformed, there was no significant difference in *L. pneumophila* between test (with filter) and control fixtures. During week 1 to 12 after the installation of the filter, *L. pneumophila* remained non-detectable in both the filtered faucets and showers. During the same period, *L. pneumophila* was detected in all control fixtures at a concentration ranging from 22.6 CFU/ mL to 191.2 CFU/ mL in control showers (Figure 2. Stout et al, 2017).

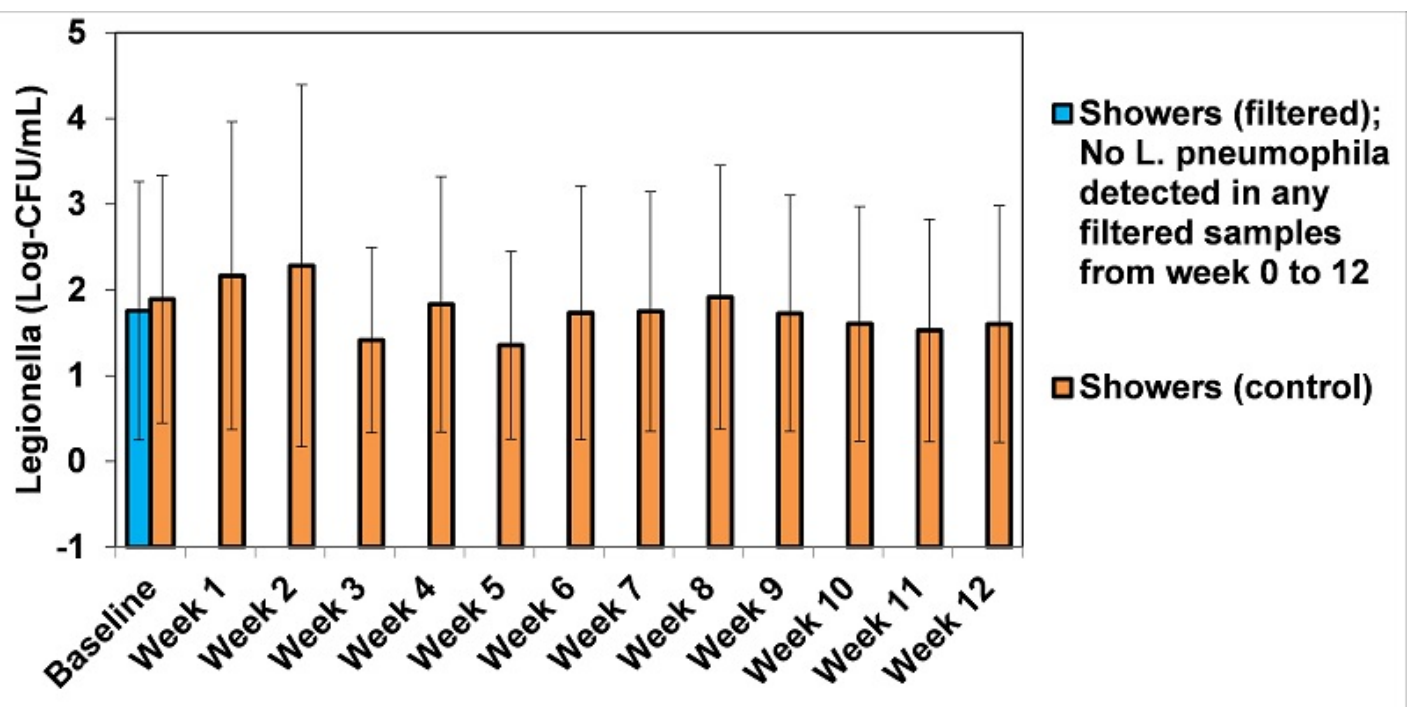


Figure 2. *L. pneumophila* concentration (Log₁₀-CFU/mL) from all showers with filtered and without (control) point-of-use filters throughout 12 weeks of usage (Stout et al, 2017)

The same results were obtained with the measurement of HPC. At baseline it was no difference in HPC between the test and control fixtures and from week 1 to 12 post the installation of the PoUFs, HPC concentration after filtration ranged from non-detectable to 19.6 CFU/m mL in comparison with a concentration ranging from 9.6 to 27935.6 CFU/m mL in the controls. These results indicate the PoUFs reduced the overall abundance of bacteria in both faucets and showers.

The test of long term efficacy (3 and 4 months of use) of microfilters on *Legionella pneumophila*, all the 12 tested

showers samples grew positive for *L.pneumophila* (growth range: 630 CFU/ mL -750 CFU/ mL) as well as control showers during the study (growth range: 15-25 CFU/ mL) before the installation of the filters. The difference is not statistically significant and these results illustrate the regular contamination of the faucets by *Legionella*. The difference is dramatically evident after placement of filters: All 6 water samples from 3 months filters and 6/6 samples from 4 months filters were negative for *L. pneumophila* in the conditions of the study. This demonstrates the ability of these 3 or 4 months filters to remove *L. pneumophila* from the water during the test periods, which can limit the risk of immuno-compromised patient's contamination.

Discussion

Both assays demonstrated the absence of *Legionella* contamination at the outlet of the PoUFs filters during the tested periods of 3 and 4 months while obtaining a usable flow rate of filtered water compatible with its use for medical cares or patient's showering. This performance is achieved during all the test period. The continuous presence of *Legionella* in the control faucets and showering points during the same period in the hot water networks of these two different hospital insures this result is not due to an intermittent contamination of the network as described previously by Sheffer et al (2005).

During the assay performed in the hospital, the analysis filtered water samples demonstrates the presence of HPC and the absence of opportunistic pathogens for the patient that would regularly shower. This alludes to the possibility of a retro-contamination of the external part of the filter when no specific prevention measures are taken for avoiding this contamination.

Conclusion and Significance

The two studies described above demonstrate the performances of the new extended life PoUFs under real use conditions in removing hazardous microorganisms for 62 days, 3 and 4 months with the production of usable waterflows. Longer extended duration of use of this innovative generation of disposable PoUFs allows to decrease the amount of labour associated with replacement, and reduced volume of waste. This also reduce the potential burden for the patients when the filters are changed in their rooms. This also leads to a cost reduction while purchasing only one filter in replacement of three or four 31-days filters, which can be as high 35% (Baron et al-2014)

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Virginie Grondin (1)

Virginie has been involved in quality and regulatory affairs management for medical devices for over 6 years in vital signs patient cables, endoscopy tubing kits and now in disposable water filters. She specializes in medical device regulatory compliance such as CE marking management for Europe, 510K management for USA and also has ISO 13485 "Medical devices — Quality management systems" certification. She gained experience in plastic compounds by been quality engineer for 9 years in plastic injection molding and graduated from New Jersey Institute of Technology with a bachelor of science in Mechanical engineering technology. She is concerned and motivated by patient safety and environmental protection.



Florence Payol (1)

Florence Payol has been a quality and regulatory affair manager for a medical device company related to infection control solution within drinking water plumbing system for over 4 years. She was also involved in the R&D department and was part of design development for a new generation of water filters. As sustainable development was part of her day-to-day engagement she was promoted to general quality and environment department in order to certify the company against international ISO standards and international drinking water validation. She also has experience in clinical trial for a clinical research organization within medication. She earned her Master of Science from a French University in Paris in Cellular and Molecular Biology, Microbiology option, specialized in Quality Environment and Sanitary Safety.



Marc Raymond (1)

Marc's background is in biological research and has over 15 years in different roles as a Marketing and Sales Manager in international scientific companies. He has been in charge of developing a portfolio of products dedicated to Microbial Water Monitoring Solutions (Real time PCR, chromogenic media). During the last 11 years, he has developed Disposable Water Point-of-use filters for healthcare, long terms care facilities and nursing homes to reduce Associated Infections which are related to premise plumbing pathogens.



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